

# SUN WATER PLANTS

## rivus

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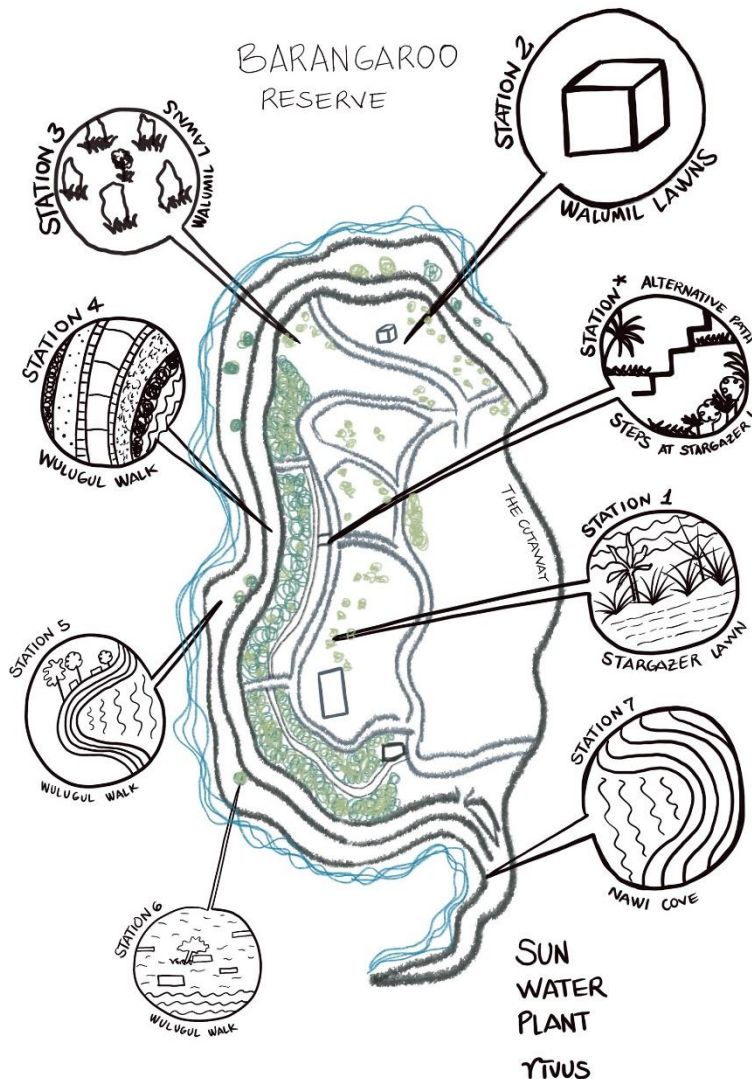


Image: Digital Drawing map by Maria Echeverri 2022

MAJOR GOVERNMENT PARTNERS



PRINCIPAL PATRON



PRINCIPAL PARTNER



# SUN WATER PLANTS

**Have you ever made a walk an adventure?**

This activity is designed to place your senses in active mode. It can be a solo experience or a group adventure.

There is no beginning or end. You can choose your own adventure.

The goal of this activity is to notice your surroundings, to see the familiar anew and wonder at the everyday ecosystems we are all made up of and apart of.

**Sun, Water and Plants** contains a set of challenges that invite participants to explore through nature and with nature. We are all teachers and learners!

**Materials needed:**

Camera/Smartphone

Pencils and paper

**Important information:**

Please be aware of changes in weather, wet conditions, slippery surfaces and cyclists while walking at Wulugul Walk. Wulugul is the local indigenous word for kingfish. The *wulugul/kingfish* has a golden band along its blue-green skin, aptly similar to the golden sandstone lining the blue of the harbour along the length of the new walk. (Excerpt from Barangaroo.com).





## Station 1

**Location:** Near Bernie Krause and United Visual Artist's artwork *The Great Animal Orchestra* at Stargazer Lawn in Barangaroo reserve

Sit on the grass facing the water.  
Close your eyes. Breath deep. Keep your eyes closed for 8 counts of breath.

Open your eyes.

What do you hear?  
What do you feel?  
Can you recognise the sounds?  
How is the temperature right now?  
What do you notice?

## Station 2

**Location:** *Leaf Work* by John Gerrard at Walumil Lawns

Watch the video.

What is happening in the video?

Walk around the cube.

What do you see?

Look around you. How are other people interacting with the work?

Can you see your reflection?

Take a selfie.

Create a sculpture, a figure of a nonhuman species with leaves, foliage, sticks, and natural elements found on the grass. Take a picture, name it. Upload it to Instagram with the #familydayrivus. Leave it behind.

Continue the walk.





### Station 3

**Location:** Walumil Lawns, the stones down the hill.

Observe the stones. Station yourself close to the tree in the middle.

Imagine each stone represents one of the following:

Earth  
Water  
Fire  
Air  
Space  
Plants  
Minerals

Create lines of connection with each stone through one of the two activities:

1. Create a drawing to demonstrate your intricate connection to these elements.
2. Create a human line connecting the arms of your team (family members).

Together, discuss:

What is your relationship to each of the elements? How does your drawing or human line help you to understand the connection you have to these different elements?



Image: Picture and Digital Drawing by Maria Echeverri 2022



## Alternative path (Steps)

**Location:** Steps at Stargazer Lawn on the way to Wulugul Walk

Go down the steps.

Stop at the corridor to observe the metal wall. Do you notice the shadows reflected on the wall?

Using a piece of paper, trace the silhouettes of the trees, try to capture the leaves, the movement.

Is the sun shining in the sky today? Alternatively, look to the front. Look at the plants around you. Touch the leaves, feel the texture.

Enjoy the steps.

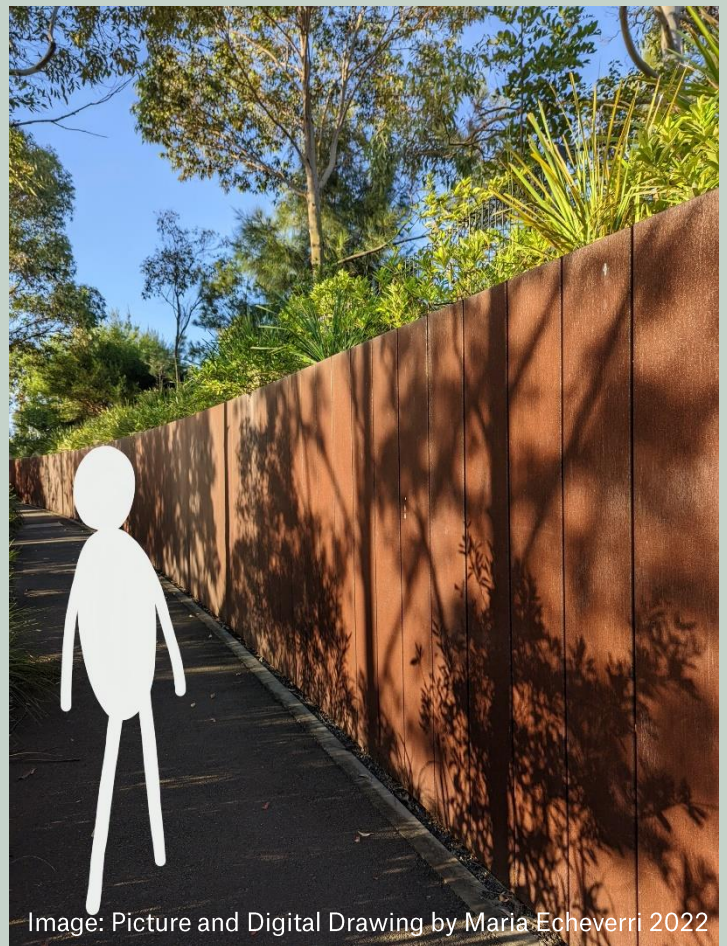


Image: Picture and Digital Drawing by Maria Echeverri 2022



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## Station 4

**Location:** Wulugul Walk walking path

Take your shoes off.

Walk on the different textures.

Pavement  
Sandstone  
Sand  
Grass

Feel the changes in your body while walking on the surfaces. Notice how you walk. The temperature of the environment. The sounds created while you walk. Enjoy the moment.





Image: Picture and Digital Drawing by Maria Echeverri 2022

## Station 5

**Location:** Wulugul Walk. Trees, rocks and grass.

Sit on one of the rocks, the grass or close to the tree.

Look around.

What do you see?

Do you notice something interesting?

Close your eyes for a moment.

What do you hear?

Do you notice something different?

## Station 6

**Location:** Wulugul Walk. Little tree in the middle of rocks

Look around. Observe the landscape.

Create a tale or story about the legend of this little and lonely tree.

Why there are there so many rocks around the tree?

Where is the tree inclining to? Is the tree looking at the ocean, the park, the city, the boats?

Take a photo close to the tree. Upload to Instagram with the #familydayrivus and the name of your story.



Image: Picture and Digital Drawing by Maria Echeverri 2022

## Station 7

Location: Nawi Cove

Sit on the rocks.

Look at the edges of the harbour. The way the water moves. The way the wind activates the sails on the boats.

Imagine creatures and all the different species. How might life be underwater?

Draw your imaginative creatures.

How do they live?

What do they eat?

How would you communicate with the non-human species you just created?



Image: Picture and Digital Drawing by Maria Echeverri 2022