

# Stephanie Springgay

## r̄ivus

### 23rd biennale of sydney

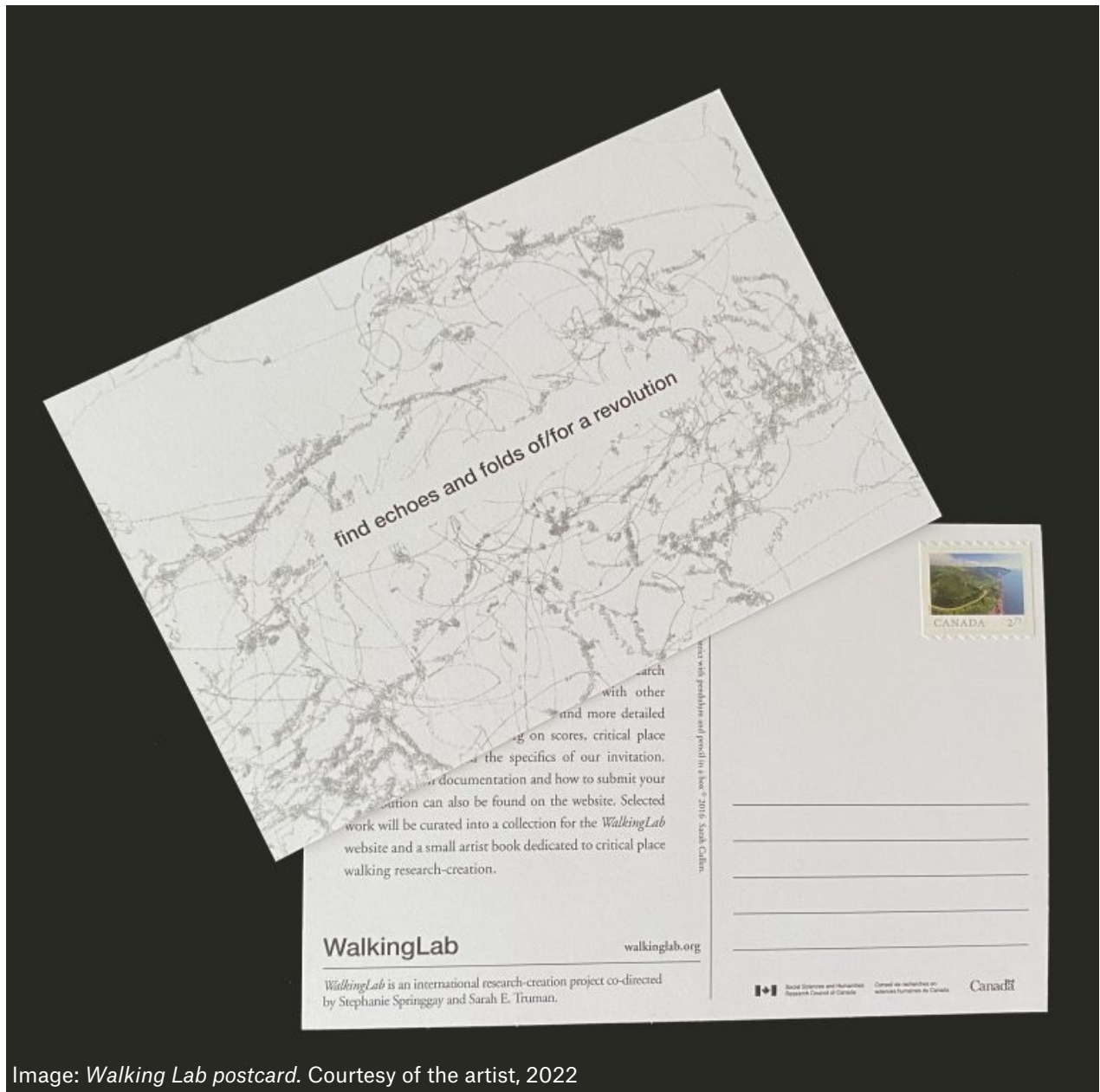


Image: *Walking Lab* postcard. Courtesy of the artist, 2022

MAJOR GOVERNMENT PARTNERS



PRINCIPAL PATRON



PRINCIPAL PARTNER



MAJOR STRATEGIC PARTNER



. . . *Scores* are open-ended instructions or propositions that ignite the potential for future action. As invitations to activate and imagine different futures, scores are iterative, but while repeatable, are not concerned with predictable outcomes. Scores are highly improvised and open with many possible realizations of a given work . . .

# Scores for Walking

*WalkingLab* invites you to respond to one of four scores (or all four!) to activate your walk.

**On the walk pick something to notice, or attune to, that you would not normally do when you walk.**

Count trees.

Look for objects that are all the same colour. Measure the sidewalk using a part of your body. Listen for a particular sound (birds, people, laughter, emotions, resistance...).

The point of this walk is to move, practice tuning one or more of your senses towards what you experience, as well as to think socially and politically about the action of walking.

**The distance or duration of the walk does not matter.**

**When you finish your walk try one or more of the following:**

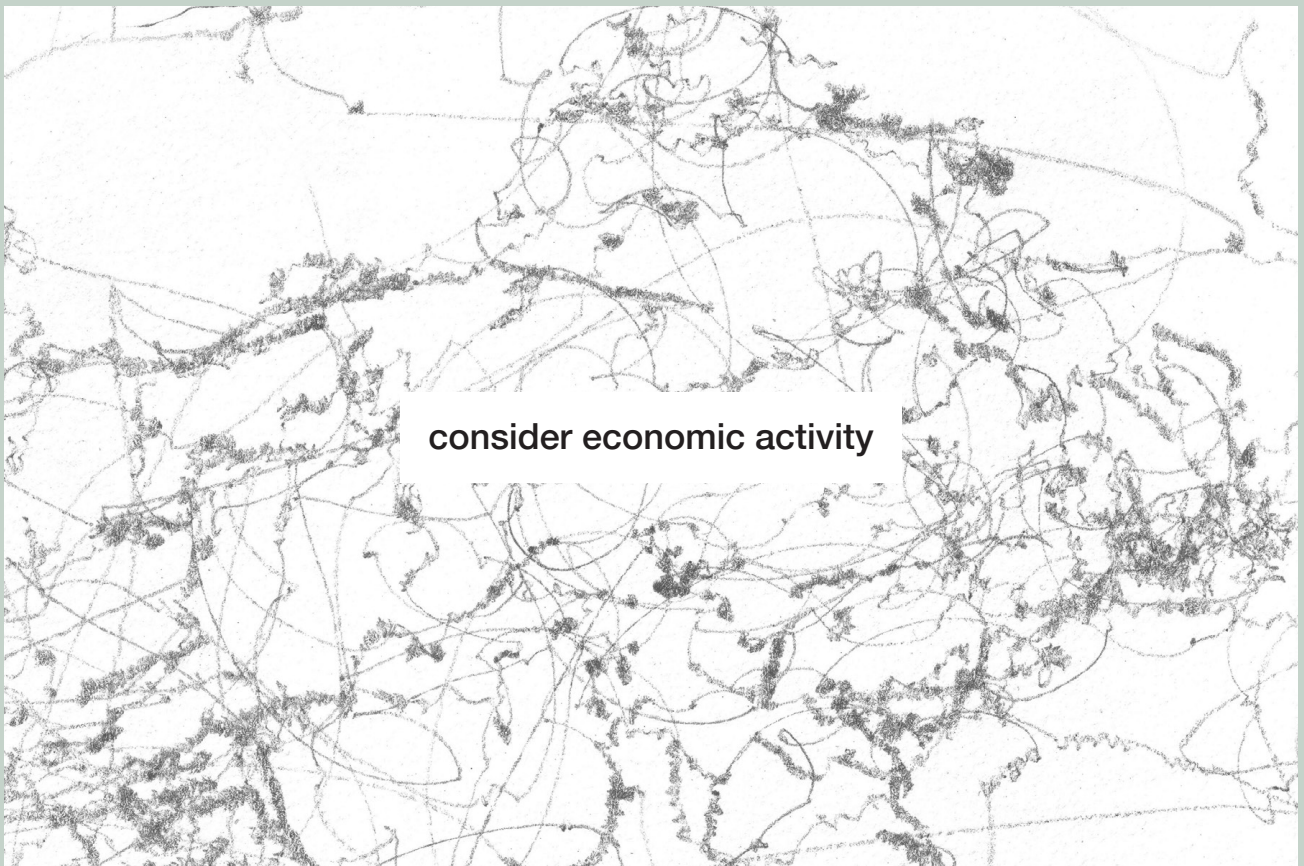
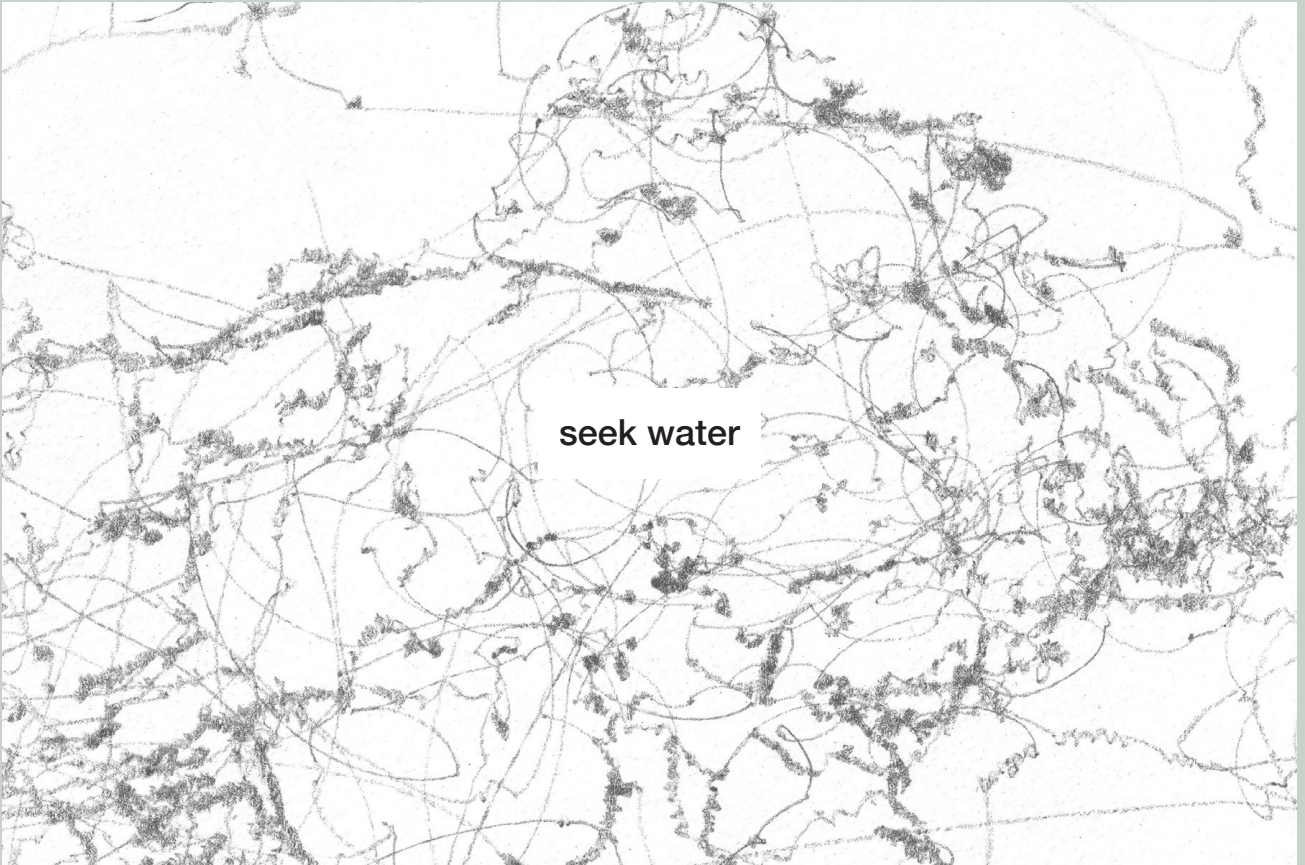
- talk about the walk and what you were tuning into.
- draw a map of your walk but instead of buildings and road signs draw the concept(s) you tuned into (this could be literal, gestural marks, words, or anything).
- create a list or a mind map of what you noticed and tuned into on the walk.

**Consider where you were walking and your own subject position (gender, race, class, sexuality, ability, etc.) and how that is tangled with walking.**

Add that to the above.

For more information on this project see:

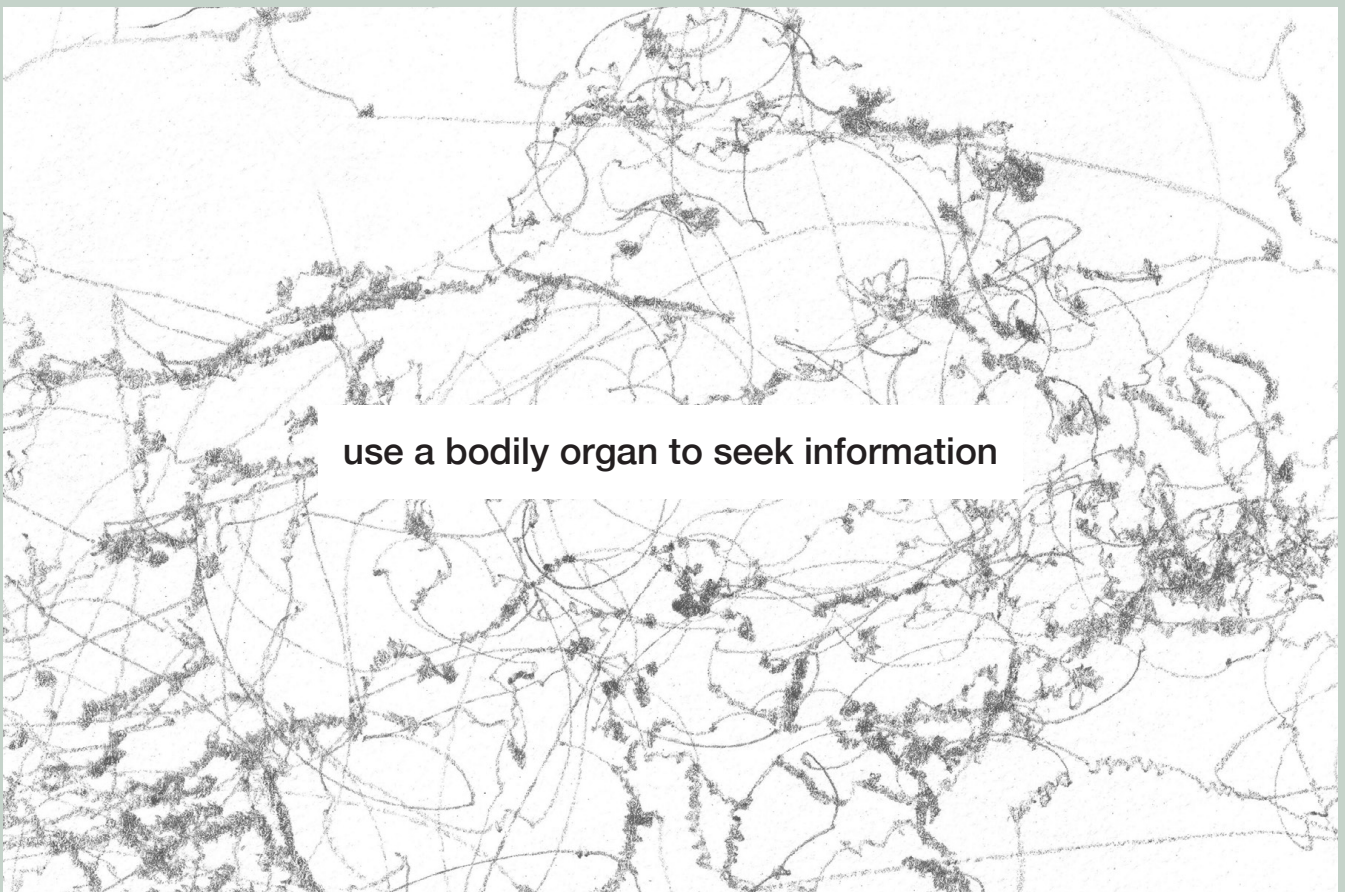
<https://walkinglab.org/scores-for-walking-research-creation/>



Images: *Walking Lab postcard*. Courtesy of the artist, 2022



**encounter something sculptural**



**use a bodily organ to seek information**

Images: *Walking Lab postcard*. Courtesy of the artist, 2022