

# Lockdown Love with Tabita Rezaire

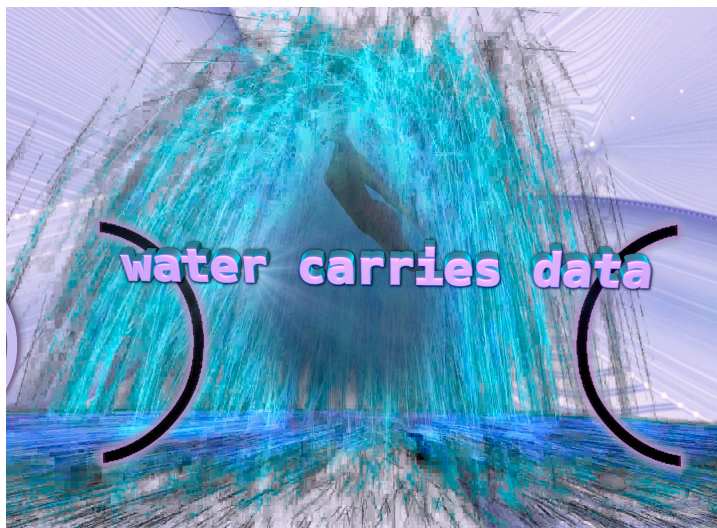
## Our Waters' Data – Our Waters' Memories

23rd Biennale of Sydney (2022) participant Tabita Rezaire tells us that water carries data; data includes the stories and histories of the past. That means that water, just like us humans, holds memories!

Through her practice, Rezaire aims to heal the relationship between our human and non-human world. She likes to listen, she likes to experiment, and she likes to play. Using scientific, mythical and ancestral technologies Rezaire opens up pathways of communication with water!

### Creative Writing Exercise

1. Think of a water body that is close to where you live and that you know well: it might be an ocean, a lake, a river or a dam.
2. Ask yourself:
  - How long has that water body lived in that environment?
  - What has it seen?
  - What has it heard?
  - What can it smell?
  - What changes has it experienced?
3. Imagine that your water body is a character in a story with thoughts, feelings and a voice!
4. Write an insightful short story from the perspective of your water body. If they were to speak, what would they say?
5. Empower your water body to communicate with us humans about the data that it holds deep inside its watery membranes.
6. Share your stories with our Programs and Learning team at [programs@biennaleofsydney.com.au](mailto:programs@biennaleofsydney.com.au) or on Instagram @biennesydney. We'd love to hear about your water's memories!



### About Lockdown Love

In NSW and other Australian states, stay-at-home orders have been extended and families in Greater Sydney and beyond are facing home schooling again. The Biennale of Sydney have been busily planning for the 2022 edition of the Biennale of Sydney, titled *rīvus*, but we've switched our attention to creating inter-generational at-home activities based on the practices of our participants in the 23rd Biennale of Sydney (2022). The resources are a starting point for educators and families to adapt accord-ingly to their needs, providing background information, inquiry questions, creative learning activities and recipes.

Images (from top right): Tabita Rezaire, *Peaceful Warrior*, 2015 (video still); Tabita Rezaire, *Peaceful Warrior*, 2015 (video still).

### About Tabita Rezaire

Born 1989 in Paris, France  
Lives and works in Cayenne, French Guiana

Tabita Rezaire is infinity longing to experience itself. As an eternal seeker, her path as an artist, devotee, yogi, doula and farmer apprentice weaves healing arts and scientific systems through connections to the land, the ancestors, the songs. Her cross-dimensional practices envision network sciences – organic, electronic and spiritual – as healing technologies to serve the shift towards heart consciousness. Embracing digital, corporeal and ancestral memory, she digs into scientific imaginaries and mystical realms. Rezaire is based in French Guiana, where she is birthing AMAKABA.